
THE

HIGHLANDER

Lifestyle Magazine for the MacDon

SPRING 2019

Smash & Splash

**Kid's summer camp
Offers tennis and swimming**

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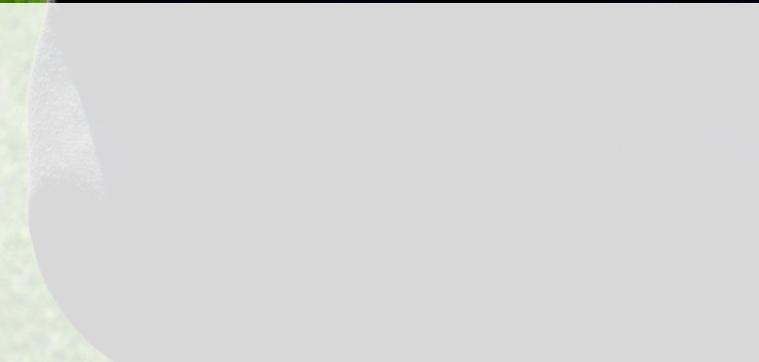
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From THE DEVELOPER

• By *Rich MacDonald*

We're noticing a new trend in our lot sales. Apparently, the California and New York tax refugees don't want to take the time to buy a lot and build a house. They want it now. They don't want to wait. Houses are required even if on a temporary basis. The main criteria seems to be fast availability and they need to be contemporary.

This trend brings up two issues. First, the demand for modern, contemporary houses and a requirement for the purchase of temporary contemporary houses.

The demand for completed contemporary houses has facilitated the return of "spec houses," houses built by investors for resale. We have many people building them for resale. We had thought we could create an inventory of homes for sale, but we were wrong. Many houses sell prior to completion or at least go into escrow prior to completion. Frankly a good problem to have. I've personally begun this process of building houses and am considering doing many more. We'll still have custom lots to sell, but we'll now be able to offer beautiful custom lots to meet the demand.

The other issue is modernizing the Toll Brothers houses in the community. Several of us have begun that process, ripping off the shutters, garage doors, light fixtures, repairing and creating a much more contemporary feel in those houses. My house should be completed in a couple of months and I think it should sell quickly. I'm anxious to see others start this process, too, because it will definitely upgrade the community and improve property values.

I must admit I had concerns after the last elections about how strong the market would be, but after hearing California's governor speak, I think we'll do just fine in Southern Nevada (as long as our government doesn't go crazy). We have a unique situation with the California tax refugees trying to escape having their pockets picked and this trend should continue for some time to come. That puts us in a great position at least until the next election and hopefully beyond.

We've also started to improve our landscape areas including parts of the golf course and have plans completed for a new fitness "pocket park" along MacDonald Ranch Drive. I am also excited at how things are going at the club. The functions are great and the food is getting even better. If you're not yet a member, you should consider joining. We have golf, tennis and social memberships available at reasonable prices. The club is one of the social centers of the community and a good place to meet some really nice people. Claire and I hope to see you there!

Best Regards,

Rich MacDonald

P.S. DragonRidge has adopted the Nevada Childhood Cancer Foundation and have donation boxes set up in the golf shop, tennis facility, and main lobby. They can use non-perishable food items, household items, such as toilet paper and paper towels, toiletries, toys, teen items and school supplies. Let's help them out.



A message from the management:
HOA LETTER

Dear MacDonald Highlands residents,

Now, that spring is upon us, it's the time of year to start focusing on property maintenance. Residents should be looking at overseeding of turf areas/and or sod replacement, replacement of dead and distressed plants and trees that have not made it through the winter, palm tree pruning, resurfacing/staining of walkways and driveways, painting of homes and overall general property maintenance to keep your property looking its best. During the time period of late May to August is when you should schedule to have your palm tree fronds trimmed and fruit removed.

Please, remember that if you are replacing like for like on plant and tree material, no prior Architectural Review Committee approval is necessary. If you plan to make changes to your front yard landscape in any regard, prior ARC approval is required. The same goes for resurfacing or staining of your driveway and walkways, painting of your side gate, painting of your home, etc. If you are simply performing maintenance and using the same color/material, no ARC approval is required, but if you plan to change any of the colors or material, you must submit for approval prior to performing the work.

An application can be obtained by logging onto www.rpmginc.com, or by contacting the management office via phone or email.

We would like to remind all residents that have rear and side yard fencing that repair and painting of your fencing is a regular maintenance item that is required. The community approved color for your fencing is Sherwin Williams 450HS, Foothills Mahogany, and can be purchased at the Sherwin Williams store No. 1555, at 191 N. Pecos Road in Henderson.

Regular community inspections are performed, and management issues notices to residents on behalf of the board of directors when they identify property maintenance is necessary. Please understand this is not a personal insult; rather a reminder to you. If you ever need more time to comply with a request, simply reach out to management and more time will be afforded to you, within reason. With regards to common area maintenance, if you see something needing attention in the community, say something.

Best wishes for a relaxing and stress-free spring season!

Lisa Roberts

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THE HIGHLANDER

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ON THE COVER

*Photo by Tonya Harvey
A.J. Bilbrew is a member of the
DragonRidge's JR PGA League.*

Special to HIGHLANDER

DragonRidge adopts Nevada Childhood Cancer Foundation as its charity

DragonRidge Country Club has adopted Nevada Childhood Cancer Foundation as its charity. To that effort, we have set up two donation boxes in the DragonRidge clubhouse and one in the fitness and tennis center. We are collecting non-perishable food items, new toys, household products, toiletries, backpacks and school supplies.

Nevada Childhood Cancer Foundation, 3711 E. Sunset Road, opened its 16,000-square-foot Britney Spears Campus in 2017, named for the pop star who donated \$1 million, enabling the foundation to bring together its pediatric and adult services in one location for patients in Southern Nevada. Established in 1993, NVCCF provides emotional, financial, psychological and educational support services to families of children, infancy to age 18, diagnosed with life-threatening or critical illnesses such as cancer, HIV/AIDS, sickle cell, renal, blood and immunologic diseases as well as providing healing arts and wellness programs to adults touched by cancer.

NVCCF provides over 40 programs and services, at no cost, to pediatric and adult patients receiving treatment in Southern Nevada.

Diagnosed children and their families receive support from NVCCF's staff of professional and licensed social workers to assess a family's financial and emotional needs, licensed clinical social workers to provide counseling to children and family members, as well as educational support services, such as tutoring and The Brett Torino Foundation Classroom, the only in-patient classroom in the state, located at Sunrise Children's Hospital.

NVCCF's largest program is Camp Cartwheel at Torino Ranch, which hosts more than 200 critically ill children, ages 5 to 17, along with their siblings, as well as children whose parents have cancer, for a medically supervised overnight summer camp experience including swimming, canoeing, rock-wall climbing and arts and crafts. Children look forward to Camp Cartwheel each year for a chance to leave behind the worries and stress of disease if only for a short time.

Monthly support programs for children include Kool Kidz Workshops, SEEK Teen Meetings, Sickle Cell Empowerment Team, the Giving

Story continued on page 26



At 18 months, Olivia was diagnosed in 2016 with neuroblastoma (high-risk). She is 4 now. Nevada Childhood Cancer Foundation supports children and families who are fighting cancer.

SMASH & SPLASH

Kid's Camp

• *By Buck Wargo*



KICKS OFF
MAY 28

Smash and Splash is the motto

Summer camp kicks off the day after Memorial Day on May 28 at DragonRidge's Tennis & Sports Center, and there's some changes taking place this year.

The camp, which will run through Aug. 1, is named for its activities that include tennis in the morning and an afternoon swim after lunch.

In the past, the camp offered either a tennis-only option in the morning, a half-day that included a swim and an afternoon session of sports and activities until 3 p.m. The final session has been eliminated because attendance wasn't as strong late in the late afternoon when it was hot, according to Rick Storozuk, whose been running the camp for eight years.

The camp covers tennis, fitness and swim and will run from 9 a.m. until 1 p.m. It covers ages 5 to 13.

During the summer camp, the period from 9-11 a.m. covers tennis and fitness that includes playing other sports such as basketball and soccer to mix it up.

Lunch is at 11 a.m. with kids bringing their own. The free swim and pool games starts at just before noon and ends just before 1 p.m.

The tennis-only camp costs \$25 daily for members and \$30 for others. The drop-in rate is \$45 for a half day. Non-members pay \$50 for a half-day drop in rate.

The weekly half-day rate for members is \$155 a week and \$170 for others.

The tennis program includes a warm up and working on hand, eye and foot coordination with exercises. The program is designed for the level of the players. There's entry level with a 36-foot court, intermediate level with a 60-foot court and advanced level with a 78-foot court.

"It should be pretty strong," Storozuk said of the camp. "We see it with our junior tennis program now. I'm expecting 20-plus kids a day."

The junior tennis program currently runs Monday through Thursday during the school year with three levels.

The current junior tennis program is Mondays from 4-5:30 p.m., Tuesdays from 4:30-6:30 p.m., Wednesdays 4-5:30 p.m. and Thursdays from 4:30-6:30 p.m. at the homeowners association courts. It has daily drop-ins and monthly sign-ups.

In the summer, that will run two days a week for ages 5 to 13 in the evenings when it's cooler. Details and costs will be released later.

There's a separate high-performance junior tennis program for kids during the summer from 6-8 a.m.

Storozuk said Smash and Splash participants do a combination from once or twice a week to weekly. That's a great option because some camps require lengthy sign-ups. It gives options for parents when they leave for vacation, he said.

Parents like the camps because they want their kids to be active and build leadership and life skills, Storozuk said.

It's different era where kids don't come home and go to the park like previous generations. Parents are more cautious, and they feel safe to drop off their kids at camp, he said.

"It's a great way for exercise and get out of the home and learn some tennis," Storozuk said. "It's fun, fitness and friends."

It's a small group of kids, too, because there are many repeat campers, Storozuk said. The kids get to know each other over the years unlike a city program that has 300 to 500 kids.

"It's an intimate setting where the counselors get to know the kids by name and what they like and what they play," Storozuk said. "Most of us know the parents as well, and it's a family atmosphere."

The club also offers swim lessons for kids at the pool for infants to teenagers. Those details haven't been finalized for the program that starts in May.



Preceding page: Maverick Feiwel. Above, Camp Director Rick Storozuk and Maverick Feiwel at a previous kids summer camp.

*For more information on the camp,
Storozuk can be reached at 702-205-8670
or at rtstennis@hotmail.com.*



MacDonald Highlands

Luxury HOMES

Market builds steam

• By Buck Wargo

The Las Vegas luxury real estate market had its strongest year since the Great Recession and shows no signs of slowing in 2019.

The numbers popped off the chart in the new-home construction market of \$1 million and higher. The 229 closings in 2018 were 77.5 percent higher than the 129 closings in 2017. That's quite a comeback since there were only three new home closings in 2013, according to research firm SalesTraq.

The luxury resale market of homes \$1 million and above was also strong in 2018 but didn't have the same gains it did in 2017. There were 407 home closings of \$1 million and above in 2018 – a gain of 8.2 percent over the 376 in 2017 when there was a 39 percent jump from the 270 closings in 2016, SalesTraq reported.

Those sales don't include custom lot sales that are a strong indicator of the luxury market for those who want to design and build their own high-end home.

Those strong luxury new home and existing home closings were spurred on by the strong economy and stock market and wealthy Californians looking for tax relief by relocating to Nevada, analysts and brokers said.

"Thirty-six percent of residents that migrated to Southern Nevada last year came from California, and they brought increased wealth and assets when they cashed out of a higher-priced housing market," said Brian Gordon, principal of Applied Analysis of which SalesTraq is a subsidiary. "And there's a more robust economy and increased consumer confidence in the real estate market. Assuming the economic climate remains sound through the bulk of 2019, the expectation is that the higher-end homes will continue to sell at greater rates than they did the prior year."

Kristen Routh-Silberman, a Realtor with Synergy Sotheby's International Realty, said that during the first quarter of 2019 she's done 50 percent more of what she did in 2018 for sales.

"I did \$66 million in resales, lots and new homes (last year), and I've already done more than \$30 million," Routh-Silberman said in mid-March.

There's been a lot of activity in MacDonald Highlands.

There were 31 custom lot sales in 2018, which does not include larger development projects in the Henderson hillside development. The high was \$1.5 million and the average was \$956,778, according to Home Builders Research. That's up from 23 custom lot sales in 2017 when the average price was \$734,167 per lot with a high of \$1.82 million, Home Builders Research reported.

The Vu luxury town homes whose sales by Christopher Homes were launched in 2017 has sold 71 of 110 of the units that start in the low \$900,000s and can reach \$1.5 million.

Sales have begun for Vu Estates, 17 single-story home sites ranging from 3,600 square feet to 4,000 square feet priced from \$1.29 million to \$1.45 million. With lot premiums, the price can surpass \$2 million.

Christopher Homes is taking reservations for VuPointe, a collection

of single-story homes measuring 2,800 square feet to 4,000 square feet. The price is expected to start at \$945,000 and go up to \$1.5 million.

“The first quarter has picked back up and we’re seeing a lot of activity in the market,” said Erika Geiser, vice president of sales and marketing for Christopher Homes. “We’re still seeing an influx of people coming from out of state.”

Blue Heron has launched a new luxury community named Equinox last year that’s under construction in MacDonald Highlands. Lots range in size from



Richard Luke Collection in MacDonald Highlands.

Photos courtesy of Richard Luke Collection

a half-acre to 2.5 acres for homes that could range in size from 6,000 square feet to 14,000 square feet and cost from \$3 million to \$20 million.

In December, MacDonald Highlands unveiled the Richard Luke Collection, named after the local architect. The collection of 20 homes are 5,000 square feet to 7,000 square feet and are priced between \$3 million to \$5 million. It’s nearing a sellout.

Routh-Silberman, the master listing agent for MacDonald Highlands, said a custom lot or new home is closing every week in MacDonald Highlands, and much of the activity is from California buyers.



The kitchen and dining area have a modern design.



DRAGONRIDGE

Jr. Golf Program THRIVES

• By Buck Wargo



Cayden Yamaguchi

Photos by Tonya Harvey

The Future Stars at DragonRidge Country Club will be out in greater force at MacDonald Highlands this spring.

This is the third year DragonRidge has participated in the PGA Jr. League golf program that's growing in popularity with kids and their parents.

Two years ago, the program, which has kids at DragonRidge play matches against other valley clubs, had 11 participants. It grew to 19 last year and is now the largest in the valley.

There could be as many as 35 to 40 kids this year, resulting in the formation of two teams of about 13 players each that will play home and away matches against other clubs for a total of six matches. A third team of beginners will play in-house matches at DragonRidge and be mentored by other players and may be added to the two travel teams during the season.

"This is one of the best programs the PGA of America has ever designed," said Mike Davis, director of instruction at the club. "It's really fun, and the kids love it. You can get into the game, and you don't have to be great player initially."

The team's name is the DragonRidge Future Stars with kids as old as 13 and some as young as 5. The kids get jerseys, a hat and a bag tag.

There's eight team members on the course at one time who play in four separate matches as part of team play. There are three-hole segments with player substitutions.

Davis said this PGA Jr. League is one of the best programs he's ever been involved with, and he enjoys working with the kids and help them improve. As one of the top 100 instructors in the nation by the PGA, Davis said that has helped draw more kids to the program. He said he's gotten more involved in the program by officiating junior league regional, sectional and national finals.

There's even a fitness program where kids are working on balance and motion.

Parents like the program because it's structured and fun for the kids. Davis said it's a great sport for kids to learn because it's a non-contact sport that you can compete without risking serious injury.

"It's a great sport you can play your whole life," Davis said. "There's a lot of aspects that help you in business to get to know people and break the ice."

Rob Brimmer's son, Trey, 7, picked up the game watching his dad play and started out with plastic clubs. Trey said putting is his favorite part of his game.

"What really got him engaged with Jr. League when he started a couple of years ago," Brimmer said, was that "he got to look up to the older kids that are mentors."

Brimmer said it is great for the kids because it's better than staying inside and playing video games. The competition is also good, and he said Davis is a great instructor.

2019 DragonRidge PGA Jr. League



JoJo Sison said he lives in the northwest valley and his daughter Isabella, 13, joined the MacDonald Highlands program because they liked Davis as an instructor. He joked he didn't want to give his daughter his bad swing habits.

"She saw me practicing in the garage and enjoyed it," Sison said. "I gave her some clubs and saw something."

The program has helped her meet new people, grow and be more confident, Sison said.

"I like golf a lot, and I like the way Mike coaches," Isabella said. "He makes it really fun. Golf is very relaxing to me, and it's fun to be out with your friends."

Isabella said driving is what she enjoys the most and hopes to play high school golf.

The cost to join is \$150 and that covers the uniform, hat, badges and matches. There are team practice sessions but those are optional. The cost of those are \$20 an hour, and there's a package of 20 hours for \$395 that includes two 30-minute private lessons. Kids don't have to be a member of DragonRidge or live inside MacDonald Highlands to participate in the golf program.



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Wanderlust • By Claire MacDonald

I have always wanted to see the Galapagos Islands. Most of us are aware of Charles Darwin, who went to the Galapagos Islands in 1835, and his theory of evolution and process of natural selection are based on his research of species in the islands.

We booked a cruise on the Crystal Xperience, an expedition ship holding 100 passengers. We flew into Quito, Ecuador, and spent the first two nights at the J. W. Marriott Hotel. We had a tour of Quito, the capital of Ecuador. The city has 1.6 million people, spread out over rolling hills. A beautiful city.

We took a short bus ride to the Ecuador Equator Museum. It was very interesting. They had a portable sink on legs. When moved 2 feet from the equator line drawn on the ground, water would drain clockwise; and when moved 2 feet on the other side of the line, it would drain counterclockwise.

When the sink was directly over the line, the water went straight down. On the line, also they had a table set up to balance an egg on a nail head. Rich and I were never able to do it, but a lot of people did. It was an educational and fun excursion.

We flew from Quito to Baltra Island, the home to the region's main airport. We took a bus and Zodiac boat from the port to our ship. We settled into our cabin, which was very comfortable, and had lunch. Although every meal was a buffet, it was good, but not considered gourmet.

They used Zodiacs to get us from the ship to each island site. We did two excursions each day. Each Zodiac held about 12 people, and usually the ocean was calm enough to climb down the ladder to get on. We did have a couple of days where it was rougher, but we all made it on and off. This definitely is not a trip for anyone with problems walking.

The typical day was taking an excursion in the morning and another in the afternoon. We had a choice of a regular or easier excursion. Both saw basically the same things, but the regular excursion included more walking or climbing. After the morning excursion, we had lunch, and then took a two-hour nap. Believe me – you really looked forward to that nap.

That afternoon, we took the Zodiac into Black Turtle Cove on Santa Cruz Island, where we took a ride through the mangrove in search of sea

Land tortoises really are huge

Claire and Rich MacDonald



turtles. We saw pelicans, egrets and herons and a few sea turtles. We also saw our first land tortoises, which were huge. Their backs were almost up to my knees. You know they are large, but to see them in person is exciting.

The second day we went to Rabida Island, known for its red sand beach and volcanic landscape. We had an option of walking the beach, swimming or snorkeling. We saw our first sea lions on the beach, sunning themselves. We saw a few babies, and were warned not to get between the mothers and babies. We were told not to get closer than 6 feet.

The third day we went to Isabela Island and had a choice of a Zodiac tour where we saw penguins, sea lions, sea turtles and various birds. We chose the Zodiac tour. We could have also chosen to walk around, snorkel or kayaking.

While on our way to Fernandina Island, we crossed the equator, then the captain turned the boat around and crossed it again. We were all trying to get photos of the instrument panel showing we were at latitude 0.00.000. We got our photos.

In the afternoon, we went to Fernandina Island, where we saw the largest colony of marine iguanas. They are very ugly. I was hesitant, but soon realized they weren't interested in us, and we just walked around them. There are literally piles of iguanas, who feed off plants in the ocean. We could have also gone snorkeling, but I wasn't going into the water with those iguanas sharing the same water.

On the morning of day four, we went to Isabela Island, which is the largest island in the Galapagos. The island is composed of five merged volcanoes, and the latest eruption was in 2015. We saw land iguanas, which are yellow and brown. They were usually by themselves or with a small group. After seeing all of the marine iguanas, the land iguanas were just interesting to look at. Rich went on the walk, tripped over lava rock and hit his face, and had to have four stitches. He also scraped both knees.

That afternoon we took a Zodiac ride around a half-collapsed ancient volcano where we saw sea turtles, penguins, fur seals and marine iguana. We also had an option of deep-water snorkeling.

On day five, we went to Bartolome Island. We hiked up 368 stairs to the top of a volcano. We got a great view from there, and there was a small lake in the middle of the volcano. We then went to Santa Cruz Island, where the sand is really white and where sea turtles nest. Later, we went to a brackish lagoon where we saw a couple of flamingos and other coastal birds.

That afternoon, we went inland on Santa Cruz Island to see tortoises in their natural habitat. It was fun seeing so many tortoises at once.

The guide said they were probably about 100 years old. We were at one muddy pond that had eight or nine tortoises soaking. In the foliage around the pond were probably at least another 20 tortoises.

We also went to Daphne Island that afternoon. The famous blue-footed boobies breed in a volcanic cone on the island. This was the first time we saw the boobies. Yes, their feet are really blue. It is hard to get a photo of them as they are among the lava rock next to the water. We circled the island in our Zodiac.

Day six took us to Genovesa Island. El Barranco is known as Prince Phillip's Steps, a steep stairway that leads up to an area of red-footed boobies. You need to be in really good condition to walk up the stairway, as it looks like it would fall apart. We chose to stay on the Zodiac and go around the island. There was also an optional excursion to deep-water snorkel.

After our nap, we went to Darwin Bay, also on Genovesa Island, where the beach is white soft sand. We chose to spend some time on the beach, rather than walk to the mangrove. We also had the option of snorkeling and kayaking.

Our seventh day was at Santa Cruz Island, which is the home of the Charles Darwin Research Station. It is also the home of the National Park Service tortoise-breeding center. They have penned-in areas where they keep different species and sizes of tortoises. We also saw how they breed the tortoises. They actually keep the fertilized eggs in warming trays until they are hatched. They are then kept in pens until they are ready to be released into the wild.

Our last day we went back to Baltra where we disembarked and went to the airport. We again spent the night at the Quito J.W. Marriott before flying home. It was great seeing all the wildlife so unafraid and uninterested in us.



Baby sea lion on Rabida Island.



Blue-footed booby on Daphne Island



When the boat crossed the equator line the instrument panel showed we were at latitude 0.00.000.



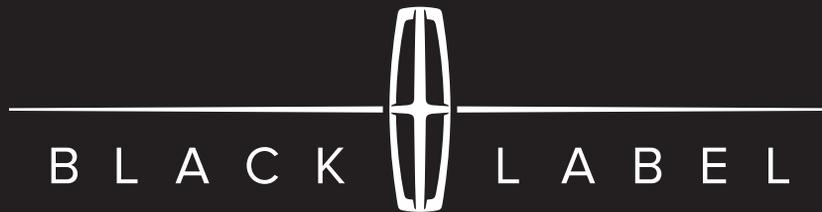
A land iguana on Isabela Island, which is the largest island in the Galapagos.

Don't forget to attend the following events by A Destination Travel at DragonRidge Country Club, Montrose Room, on Travel Tuesday from 6-7:30 p.m. For more information, call 702-248-1234

Here is a schedule of upcoming events:

- April 16 – Luxury Gold Insight Vacations
- May 7 – Globus Vacations
- July 16 – Rocky Mountaineer Train





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RESIDENT DOCTOR MATZINGER OPENS

Wellness Clinic

• By Valerie Putnam

The quest to save the life of her son led Dr. Carolyn Matzinger, M.D., to leave the constraints of conventional medicine and embark on a journey exploring alternative medicine approaches.

“My baby was dying in front of me,” Matzinger said about Harley, then age 6, who was experiencing seizures. “We’d gone the gamut of conventional medicine with no answers.”

Diagnosed with the rare genetic condition Angelman syndrome, Harley’s health deteriorated rapidly because conventional medicines couldn’t control the seizures, even when simultaneously using multiple seizure medications.

Her exploration of alternative therapies led to refocusing Harley’s treatment to lipid-focused therapies performed in conjunction with a specialized nutrition plan and vitamin supplements.

“As a result, Harley completely turned around,” Matzinger said about the wellness approach. “Within 72 hours he was completely off the seizure medications.”

This experience inspired her to found the Matzinger Institute of Healing.

Recently relocating to 1740 W. Horizon Ridge, across the street from the MacDonald Highlands, MIH treats patients using a holistic or total body health approach. It focuses on seeking the root cause of the health concern, not just treating the symptoms.

“I always start with what’s happening on a cellular level,” Matzinger

said. “When you find the root cause you know what you’re dealing with and how to treat it.”

Matzinger targets improving the immune system and decreasing inflammation in the body while focusing on the gut-brain connection. Inflammation, Matzinger believes, attributes to disease.

“Our immune system is designed to keep us healthy,” Matzinger said. “But our bodies are bombarded with toxins and when it becomes too much of a load for our body that’s when we start to have chronic illness and disease.”

Matzinger further evaluates patients based on epigenetics. Epigenetics is the “study of biological mechanisms that switch individual’s genes on and off” instead of individuals being predisposed for certain illnesses based on their genetic background. Toxins such as pesticides, heavy metals or antibiotics sitting on a patient’s DNA can change gene expression and bring on illness.

“What we know now is our genes don’t define our destiny, only what we are predisposed to,” Matzinger said. “It is an epigenetic event that is going to turn on or off the gene expression.”

All patients undergo extensive evaluation and diagnostic testing to fully understand their overall health condition by evaluating things such as nutritional deficiencies, hormone levels and cell membrane health.

Based on her approach, Matzinger develops an individualized treatment plan specific to the patient needs.

Targeting the cellular level, Matzinger prescribes stabilizing treatments such as IV lipid infusions, bio-medical colon cleanses and infrared sauna sessions to balance the cell membrane fatty acids – the building blocks of every cell in the body.

According to Matzinger, MIH is only one of three clinics in the world to offer the intensive lipid therapy treatments. The other two clinics are located in Germany and Mexico.

“These lipid therapies are a big deal,” Matzinger said. “We’re getting results.”

MIH’s other services include general wellness, vitamin and mineral IV infusions, nutritional balance, bio-identical hormones for men and women, detoxification and biofeedback.

City of Henderson Mayor Debra March, a patient for over three years, claims to have experienced significant result from therapies.

“I have a number of demands on my time and the treatments help me have more energy,” Mayor March said. “I’ve seen better mental clarity and am able to keep my health while keeping a very busy schedule.”

MIH’s unique approach to medicine draws patients from all over the world.

“They’ve been to multiple physicians, they’re out of money and show up, frustrated, scared and tired,” Matzinger said. “I just smile at them because I know I can give back to them what was given to Harley. I tell them with a calm voice, ‘We can do something for you here.’”

Matzinger has a background in internal medicine, earning her medical degree from Wright State University School of Medicine in Ohio. Prior to opening MIH, she earned the American Board of Anti-Aging/Regenerative Medicine Board certification. Her main focus of MIH is anti-aging, health and wellness.

Originally opening in 2014, MIH relocated from Seven Hills to its new 5,000-square-foot clinic during early November. A grand opening/ribbon-cutting ceremony was held in January.

Story continued on page 23



Community SPOTLIGHT

For the love of golf
Women's club meets on Wednesdays

• *By Kristen Peterson*

Nancy Dunn is the secretary and treasurer of the DragonRidge Women's Golf Association.

Photo by Tonya Harvey

MacDonald Highlands resident Nancy Dunn did what quite a few people tend to do when moving to the Southwest: She picked up golfing, fell in love with the sport and got involved.

As the secretary and treasurer of the DragonRidge Women's Golf Association, which includes recruitment, Dunn is always looking for other women to tee off with the group every Wednesday morning.

While time spent outdoors on the greens of the award-winning private golf course seems like a dream for residents, an easy decision, regardless of the four-or-five-hour time commitment once a week, Dunn says there's a small impediment when it comes players joining. Too many women believe they're not good enough players. The reality is that the women's golf group is open to golfers of all levels, from absolute beginners to experts. There is no pressure to be exceptional at the sport.

"It's for anyone who is a member of the DragonRidge Country Club," Dunn says, emphasizing the social aspect of golfing with DRWGA.

"We have a great time. We set up games for all levels. We all have lunch afterwards. Even if you think you're not good, you can play."

Understanding that golf isn't a game that is easy to simply pick up and play, the group's weekly games include a putting game on the green, prizes and a ringer board that allows for the best par at each of the 18 holes to beat out the last. Tournaments include a three-day member guest tournament in May, in which each DRWGA members can bring three golfing friends to compete.

"It's a fun way to showcase our club and it's kind of a coveted event in town because a lot of women get to play," says Dunn, who golfs in different groups around town and has a 12 index. The DRWGA Wednesday morning tee-offs might draw four to 20 of its 25 members, but Dunn would like at least 40 people participate in the experience: "The club is very accommodating on Wednesday mornings. And we have a lot of fun."



Antonio Nunez, chef and co-owner of The Stove restaurant, standing left, is shown with the MacHi Ladies during their monthly luncheon at his restaurant at 11261 Eastern Ave. in Henderson.



Carol Kiland, left, and Amy Pong are co-organizers of MacHi Ladies.



Sandra Gilbert, left, and Amy Pong

Photos by Bill Hughes Highlander

MACHi Ladies

• By Valerie Putnam

Among the signature social kitchen ambiance of The Stove, a recent addition to the Henderson restaurant scene, a group of women gather together for their monthly social outing.

These 20 women, members of the MacHi Ladies, indulge in a two-tiered basket filled with an array of fresh baked goodies. The basket of treats was prepared by the restaurant's owner, Chef Antonio Nunez, who personally greeted his guests.

"The food was delicious," MacHi Ladies founding member and organizer Amy Pong said of the February event. "The service was impeccable. It was fun."

The thread that bonds these women together is the prestigious hillside community in which they reside.

"It's a social opportunity for residents to meet others in the community, to make connections and find others with similar interests," Pong said of the MacHi Ladies. "It's open to all residents who live in MacDonald Highlands."

Other than residing in MacDonald Highlands, there are no requirements to join. This means the club does not collect dues nor exchange money or require members to wear fancy attire. The group is centered on friendship and comradery.

"It simply provides the opportunity to be in a company of people that can become friends," Sandra Gilbert, member since 2008, said, "and the opportunity to share experiences."

MacHi Ladies was formed in 2008 by three women, Judy Williams, Lisa Brown and Pong who wanted a vehicle in which to meet their neighbors. It began with five women meeting regularly at a small coffee shop across the street from the community.

"We just grew by word of mouth," Pong said, who wants others to invite their neighbors to all events. "We've always matched the growth of the community."

Currently, with 150 names on the group's email list, it covers a wide range of ages.

"My neighbor is expecting a baby," Carol Kiland said. "And there are some of us that are in the 80s."

Pong and Kiland, who's been with the group for over 10 years, work behind the scenes to organize the monthly group events.

"It's very casual," Pong said. "Whenever someone can make it, they're welcome to come and it's always invite your neighbor."

Activities include holiday cookie or cake exchanges, evening appetizer and wine events, luncheons at local eateries or just getting together to share a cup of coffee.

Over the years, several smaller groups have formed apart from the main group.

"We've had book clubs," Pong said. "Others have gotten together to play Mahjong. We have a new member who wants to develop a community garden."

According to Pong, a high percentage of the women are involved in local charity work and enlist the help of the group for larger projects several times a year.

For five years, the women have collected pre-made Easter baskets for their annual donations to E Bunny, an area organization that distributes them to local children

The group previously adopted a family in need during the holidays and collected jackets for teens.

"For us, it's about building community," Pong said. "You want to enjoy where you live and the people are what make it. If you know the people, it's a happy place."



Lynda Jean is a certified image and etiquette consultant, author, speaker and MacDonald Highlands resident.

Manners MATTER

Workshop teaches Highlander youths proper etiquette

• By Valerie Putnam

Photo by Tonya Harvey

MacDonald Highland youths recently learned “driving” a BMW extends beyond a luxury car brand. It also represents handling a formal dining placement.

“BMW represents bread, meal and water,” certified image and etiquette consultant, author, speaker and MacDonald Highlands resident Lynda Jean said. “Bread and butter plate on the left, main meal plate placed in the center and water glasses are at the right.”

Jean taught the new acronym for BMW among other lessons during a four-hour interactive workshop titled Manners Matter: Invest in Your Child’s Success-Now! held at DragonRidge Country Club in October.

The workshop covered six specific topics including writing personal thank you notes, practicing proper telephone etiquette, setting a formal table and the importance of personal care and posture.

“The whole seminar is very interactive and hands-on,” DragonRidge Country Club Communications and Activities Director Charlotte Evans said. “The young people learn by doing and talking.”

Jean begins the workshop teaching the difference between etiquette and manners.

“Etiquette is rules,” Jean explained. “So, I teach them about why rules are important. Manners are how we feel when people are kind or disrespectful to us.”

According to Jean the benefit of learning both is feeling comfortable in social situations.

“Using proper manners, people are more accepting of you,” Jean said. “It’s not fair, but that is the way the world is.”

Although the workshop offers intensive training, Jean provides easy-to-remember instruction such as the placement of the fork is on the left side of the plate because left and fork both have four letters. The spoon and knife go on the right side because they all have five letters.

“It was really cool,” Evans said about observing the workshop. “The boys gave firm handshakes and offered greetings such as ‘It’s a pleasure to meet you,’ all while having direct-eye contact.”

As part of the class, each participant receives a copy of Debra King’s book, “Young Ladies and Gentlemen.” King is a founding member for the Association of Image Consultants International (AICI) and published author on etiquette.

“I have been using what I learned,” Christopher Green, 10, said who participated in the workshop. “Ms. Lynda is very nice.”

At the end of the workshop Jean holds a special graduation ceremony where she shakes each participant’s hand and points out positive attributes specifically about them. She also gives out a special loot bag filled with goodies, including candy, hand sanitizer and Kleenex. The sanitizer and Kleenex are for remembering how to sneeze properly.

“The class has been very helpful,” James Green, Christopher’s father said. “I get compliments from people weekly on Christopher’s manners.”

The workshop is the third Jean has conducted specifically for youth. She hopes to expand her service into helping under-privileged children.

“I want to give these kids an advantage,” Jean said. “It would make me very happy if I could do that.”

Jean is working on securing a sponsor to cover the cost of her workshops.

“Lynda Jean is really passionate about helping children develop self-esteem and confidence,” Evans said. “She would love to bring the program to children in at-risk neighborhoods.”

Owning her own business, Jean has been working as a certified image and etiquette consultant for over 12 years. She works with individual adults and corporations in Toronto, Canada, and Las Vegas.

Her consultations provide individuals a four-step process, including a color analysis. The end results of her work includes helping clients develop a personal image and wardrobe specifically tailored to them.

“I show people how to enhance the beauty they already have,” Jean said. “Some people just don’t know how to do it.”

Corporately, Jean addresses appropriate business attire and common workplace etiquette. Her business and social dining course teaches employees on the use of proper manners while dining out. Her corporate social dining course was the inspiration for Jean’s youth workshops.

“Parents are so busy, today,” Jean said. “They don’t have time to teach children about manners.”



Mardi Gras in March

• By Buck Wargo

DragonRidge Country Club held a masquerade ball in March to celebrate Mardi Gras, and activities director Charlotte Evans said members can expect more of that in the future.

“It was a risk to throw a party like this because we’ve never done a masquerade ball,” Evans said, adding that more than 80 people signed up. “Our members wanted something fun for spring – a spring fling.”

Between the people who buy the town homes or the lofts, Evans said they’ve had a lot of new people come into the community.

“They automatically get a membership when they buy them,” Evans said. “We’re getting a lot of people from California. I think (because) what’s happening in California, this summer we will be way busier.”

Evans said DragonRidge is the fastest-growing club in the region and has almost doubled in size in three years because MacDonald Highlands developer Rich MacDonald purchased it back and upgraded the facility and its activities. It’s also one of the youngest clubs with people moving in with families, she said.

“This place in the last three years has gotten more popular,” Evans said. “The economy has stabilized and people are looking at Henderson as one of the best places to move to.”

The Wall Street Journal noted that in an article in February, Evans said. The club is getting more for weddings, family reunions

and parties of all sizes as well, she said.

On Easter weekend, the tennis club hosts an Easter egg hunt on Saturday, April 20, and a brunch in the ballroom on Easter Sunday, April 21. There will be a brunch in the ballroom on Mother’s Day on May 12 as well.

On May 3 in celebration of Cinco de Mayo that takes place two days later, the club will host a happy hour with specialty appetizers and dishes. It starts at 5 p.m. and will include the Onyx bar and the Montrose restaurant.

For most of its night time events, DragonRidge provides child care for parents at the club where kids can watch television and play games, Evans said. The cost is typically \$25.

“It’s growing rapidly because we have so many young members with kids,” Evans said. “For the Mardi Gras event, kids had their own buffet downstairs.” The club will be open Memorial Day, May 27, when there will be a pool party.

On June 6, the Montrose will host a live murder mystery dinner with audience participation. A theater company will come in from California.

“I think because the club is growing so fast, anything that is interactive gives people an excuse to talk,” Evans said. “Like the masquerade ball, we were so excited because we have so many new members and an established contingent who are really social. It gives our brand new members an obvious introduction and reason to talk to people.”

The club plans to schedule more excursions to concerts where people take a bus from the club to the venue. There will also be outdoor

Story continued on page 26

DragonRidge MEMBER EVENTS

APRIL

- Oct. 3 – Dec. 15, Mike Davis Junior Golf Academy:
Wednesdays & Thursdays, 3 p.m.; Saturdays,
1 p.m.; 702-321-7404
- April 1-4, Golf course aeration underway
- April 5, Diamond Theme Happy Hour ~ live
“Rat Pack” musician
- April 20, Easter Egg Hunt at Fitness Lawn
(Open To HOA community)
- April 21, Easter Brunch In The Grand
Highlands Ballroom
- April 25, Junior Tennis Challenger begins
- April 25-27, DragonSlayer Men’s Member
Guest Tournament
- April 28, Couples’ 18 & Dine

MAY

- May 2-4, Ladies’ Member-Guest Tournament
- May 3, Cinco De Mayo themed happy hour in
the ONYX
- May 3, Cinco De Mayo tennis mixer at Fitness
Lawn
- May 11, MacDonald Match Play begins
- May 12, Mother’s Day brunch in the Grand
Highlands Ballroom
- May 27, Memorial Day pool party
- May 28, Summer Tennis Camps begin

JUNE

- June 6, Murder Mystery Dinner in Montrose
- June 13, USTA Junior Tennis Challenger
- June 14, Dive-In Movie
- June 16, Father’s Day pancake breakfast in
the Dragon Grille

Real ESTATE REPORT



Las Vegas real estate market to outpace nation

• By Kristen Routh-Silberman

In January, Realtor.com included Las Vegas in its list of “10 Surprising Housing Markets Poised to Rule in 2019.” Based on their analysis, Las Vegas is one of several real estate markets where the number of home sales and prices are expected to jump in 2019, bucking the national slowdown trend.

I forecast that the Las Vegas real estate market will outperform the nation as a whole in 2019, in terms of home-price appreciation, too. Home prices in Las Vegas rose steadily over the last few years, outpacing the national average. Yet, while there’s more inventory available today, that will likely lead to smaller home-price gains in 2019 than what we saw in 2018. So, I do see a leveling off in terms of appreciation and home pricing in the overall Vegas residential market.

My big forecast for 2019 is that MacDonald Highlands will outpace every other luxury community in 2019!

MacDonald Highlands has sold 15 homes since Jan. 1 – six of which have been over \$2,000,000. Since Jan. 1, 20 luxury homes have sold throughout Las Vegas and Henderson, that puts MacDonald Highlands at 30 percent of the \$2 million-plus property sold, and give us dominant market share to date.

We see no sign of slowing down in lots sales either. MacDonald Highlands has sold seven lots since Jan. 1, one of which was \$3,000,000. Dominant market share in this category, too.

I predict 2019 will be a breakout and phenomenal year for MacDonald Highlands real estate.

I can already see this trend shaping daily at the Sotheby’s International Realty office inside the DragonRidge Country Club.

Happy New Year, happy spring, and looking forward to a banner 2019 together in MacDonald Highlands.

Kristen Routh-Silberman

Synergy Sotheby’s International Realty at MacDonald Highlands



Story continued from page 18

Matzinger now serves more than 700 patients. She attributes MIH’s growth to her client’s word-of-mouth.

“People are telling other people and sharing their story about the benefits they’ve received,” she said. “That is the best compliment.”

The new facility’s design began in fall of 2017, breaking

ground that December. She along with her husband, Carter, Harley, her mother, Sylvia, and dog, Buster, moved to MacDonald Highlands earlier that year. Matzinger also has an older son who lives in Chicago.

“We love the MacDonald Highlands community,” Matzinger said. “People are very family-oriented and friendly.”



One of the unique features of this MacDonald Highlands single-story custom home is its lifestyle deck. Photos courtesy of Ivan Sher Group

LIFESTYLE

Luxury home with lifestyle deck sells for \$5.45M

• By Buck Wargo

A California couple has bought a MacDonald Ranch Drive home known for its swimming pool, elevated lifestyle deck and water features and has been featured on television.

The owner is listed by Clark County under the HIKRONOS LLC of Menlo Park, California, in a deal that closed March 12 for \$5.45 million.

The one-story home built in 2017 by Sun West Homes measures 8,485

square feet with four bedrooms, one spa room, six baths, theater room, pantry and prep kitchen, wine room and a four-car garage. It is situated near the 18th hole and the DragonRidge club house.

The home was listed for \$5.9 million by Realtor Evangelina Duke-Petroni with the Ivan Sher Group of Berkshire Hathaway. It has garnered public attention by hosting charity events and featured on the Wayne Allyn Root fantasy football program. It's also set to be featured on HGTV for its resort swimming pool and spa and backyard features. When you approach the house, you go through a courtyard and a gate. If the sliding gate is all the way open, you can see into the courtyard with a water feature at the entrance of the home and to the infinity pool in the backyard. There's water to the left and right. Water comes right up to the edge of the master bedroom sliding doors.



The dining room has a wine wall.



The home theater has all of the extras.



The master bath has a sleek, modern design.

There's an outdoor barbecue area and kitchen on a 0.65-acre lot and stairwell that leads to a 2,000-square-foot rooftop deck with its own kitchen, fire pit and flat screen televisions.

Duke-Petroni said the couple is primarily based in California now and the sale shows the continued interest in residents of that state buying luxury properties in Las Vegas.

"The majority of our buyers are from out of state, especially from California," Duke-Petroni said. "The tax climate is friendlier for people to move here and so we're getting a huge influx. The luxury market is alive and well."

The home was built for Calgary-based investor Dave Lambert whose company, Ventana Beaumont Inc., buys land and has a builder design and construct the multimillion homes it stages and resells.

The home was furnished by Las Vegas and California-based designer Donna Johnson, and those sold with the house as well at an undisclosed price. The furnishings were valued at just under \$500,000.

Johnson did the interior architecture and design of the home that she said was influenced by estates in Beverly Hills. It's designed as a contemporary home with tall ceilings as high as 20 feet and floor-to-ceiling fireplaces in the great room and master suite. The home has various pieces of one-of-a-kind hand-cut stone and luxury marble walls. It features oversized limestone floors and walnut cabinetry.

The luxury mansion won two Silver Nugget Awards from the builder community and was a finalist for three others. It won for best luxury single-family home and for its design and architecture.

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Continued Stories



Continued from page 7

Space for toys and school supplies, and more to help children cope with the ramifications and side effects of disease and its treatments.

For adults touched by cancer, NVCCF offers The Caring Place Program, which offers classes such as yoga, Pilates, meditation, nutrition, expressive painting, arts and crafts, and jewelry-making. They also explore the use of makeup, wigs, scarves and coping with appearance-related side effects of treatment. What's more, The Caring Place Program hosts support groups for all cancer diagnoses, breast cancer and caregivers.

For adult patients, the ORION Grant Fund, originally established by former Nevada Gov. Mike O'Callaghan and his wife, Carolyn, is now managed by NVCCF and provides

financial assistance for mortgage, rent, utilities for those unable to afford the basics of daily living while in cancer treatment.

NVCCF will host its 26th annual Profiles of Courage Gala on Nov. 23, at Bellagio, and we are looking for silent and live auction items. If you have something to contribute for the auction, contact DragonRidge at 702-614-4444.

DragonRidge Country Club wants to help this wonderful and very worthwhile foundation continue to serve children and adults in our community who fight a daily battle against disease. Any donation will be appreciated, whether in the boxes at the club, or by a gift card or cash. If you decide to do donate financially, please call NVCCF at 702-735-8434 and visit www.nvccf.org for more information.



Continued from page 22

concerts on the club grounds on summer nights. There will be a pancake breakfast at the club on Father's Day, June 16.

People are encouraged to call the club to make reservations because many of the events fill up quickly. The club will provide details on the costs as they become available. It is also available on the club website or through member's email blasts.

The club hosts dive-in movies for the family at the pool over the summer with one scheduled for June 14 and July 26.

The Fourth of July event at the club gets bigger every year, and Evans encourages people to get there early to see the

fireworks show because the event attracts thousands. It's open to club members and residents.

There's live music, craft beer and food trucks that start well before the fireworks show that evening.

"Summer won't be sleepy with the pace of people moving into Henderson," Evans said. "There will be a lot of people who want to join the club who don't live in MacDonald Highlands. It's an exciting time to be here and so much fun. It's a challenge to come up with things to keep them entertained and our chef is constantly changing his menu so people don't get bored. We have to be on our toes. Our members are active and want a lot."

*DragonRidge
Country Club held
a masquerade
ball in March to
celebrate Mardi
Gras. Many
members showed up
in costume and with
a smile.*



Photos by Tonya Harvey

DragonRidge Club members celebrated Mardi Gras at a March ball.



At left, Robert and Sarah Coomer and guests.



At left, Tonya Williams, Suzanne Millington and Sharon Aaron.



JC Martinez and Inez Ac Volo.



From left, Richard Luke, Kristen Routh-Silberman, Claire and Rich MacDonald and guests.



Monica and Delano Jackson.



From Left, Coco Croskery, Eric and Jojami Tyler, Michael and Jeneen Damian.



Claire MacDonald and Gene and Stephanie Raper.



This winter brought a snow day. Photo by Charlotte Evans



DragonRidge Country Club held a Valentine's Day Dinner in February. Mark and Kay Boeddeker celebrated their second anniversary.



DragonRidge held a Valentine's tennis tournament.

From left, Eric Vesuco and DragonRidge director of tennis Adolph Huddleston



Numbers TO REMEMBER

MacDonald Highlands Real Estate Office
Office: 702-614-9100
Cell: 702-467-7100
macdonaldhighlands@synergysir.com

Community Manager - Lisa Roberts
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702-933-7764, lroberts@rpmginc.com

Valle Verde Main - 702-614-9330
Stephanie Gate - 702-434-4169

Main Clubhouse - 702-614-4444
552 South Stephanie Street
Henderson, NV 89012

Main Tennis & Athletic Center - 702-407-0045
1400 Foothills Village Drive Henderson, NV 89012
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Executive Sous Chef - Tyler Wakuta
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Superintendent - Rick Friedemann
702-263-6457, RFriedemann@DragonRidgeCC.com

Reception Desk Direct
702-835-8140, Reception@DragonRidgeCC.com

Golf Shop - 702-835-8144

Dragon Grille - 702-816-4348

Onyx Bar & Lounge - 702-835-8151

Snack Bar - 702-835-8150

f www.facebook.com/DragonRidgeCC
@ www.instagram.com/DragonRidgeGolf
t www.twitter.com/DragonRidgeGolf

SPRING HOURS 2019

Clubhouse (Closed Mondays)

Dragon Grille:

7 a.m. - 7 p.m. - Saturday, Sunday, Tuesday
7 a.m. - 8 p.m. - Wednesday - Friday
Closed Monday

Onyx Bar Specials

Happy Hour Half Priced Drinks
Wednesday & Friday, 5 p.m. - 7 p.m.
Martini Madness Thursday - All Martinis \$6

Onyx Bar Hours

Wednesday - Friday: 5 p.m. - 9 p.m.
Saturday & Sunday: 11 a.m. - 3 p.m.
(Through May)

Closed Monday
(*ONYX hours subject to change for sporting and special events.)

Montrose Dining: Wednesday - Friday: 5 p.m. - 9 p.m.

Reservations Recommended
(702) 614-4444
reception@dragonridgecc.com

Tee Times Start: 7:30 a.m. - Through April
7:00 a.m. - Through May
6:30 a.m. - Through June

Golf Shop: 6:30am-6:00pm through May
6:00am-6:00pm through June

Tennis & Athletic Center

Monday - Friday: 5:30 a.m. - 8 p.m.
Saturday - Sunday: 7 a.m. - 6 p.m.

Tennis Court Hours

Monday - Sunday: 6:00 a.m. - 10 p.m.

Child Care Hours (with 24 hour notice)

Monday - Friday: 8:30 a.m. - 1:30 p.m.
Saturday & Sunday: 9:30 a.m. - 12 p.m.

Utilities

Henderson Utilities - 702-267-5900
NV Energy - 877-860-6020
Cable (Cox) - 702-966-2290

Medical Services

Emergency - 911
St. Rose Medical Services - 702-564-2622

Henderson City

City of Henderson - 702-267-2323
Animal Control - 702-267-4970
Parks and Recreation - 702-267-4000
Chamber of Commerce - 702-565-8951

Other

Clark County Sheriff - 702-828-3231
U.S. Postal Service (89012) - 702-837-1624

BOARD MEMBERS

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